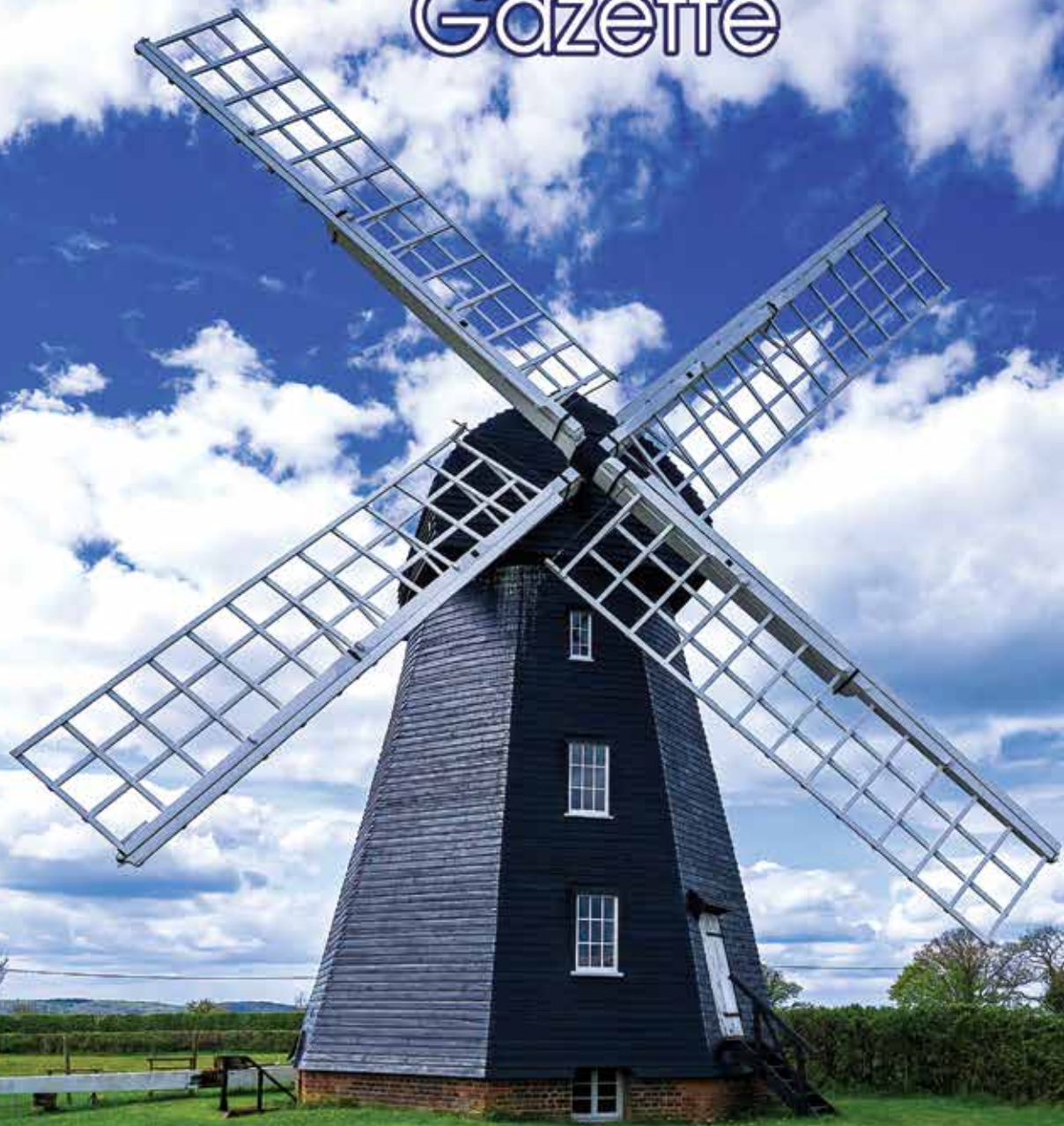


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Beavers		01494 447121	Groupleader@naphillscouts.org.uk
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Bridge Club	Margaret Stagg	01494 530736	
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Men's Club	Andrew Wasilewski	01494 562770	naphillmensclub@yahoo.co.uk
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Hughenden Street Association	Susan Bickerstaffe	07880 519323	smbickerstaffe54@gmail.com
Tennis Club	Jenny Tench	01494 565406	jttench@gmail.com



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Chairman - Clive Lawrence

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Bookings - Tanya Stevens

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Tel: 07851 169275

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Hughenden Parish Council	Clerk Vacant	01494 715296	clerk@hughenden-pc.gov.uk
Hughenden Parish Councillors	Usha Prashar	07778 141920	usha.prashar@hughenden-pc.gov.uk
Hughenden Parish Councillors	Richard Wilding		richard.wilding@hughenden-pc.gov.uk
Hughenden Parish Councillor	Vacancy		
Buckinghamshire Councillor	Steve Broadbent	07471 144181	Steve.Broadbent@buckinghamshire.gov.uk
Buckinghamshire Councillor	David Carroll	01494 716967	David.Carroll@buckinghamshire.gov.uk
Buckinghamshire Councillor	Clive Harriss	07768 876568	Clive.Harriss@buckinghamshire.gov.uk

Helpful Contact Numbers

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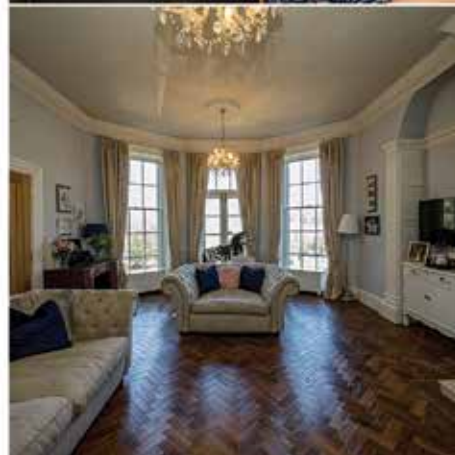
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It is with sadness that I have learned of Hilda Stearn's health problems. Hilda, the secretary of the Hughenden Street Association, has long been a valued Gazette contributor and the author of the local weekly newsletter. My very best wishes to Hilda for a full recovery. Please see the Street Association notice below re the continuation of the Street Association newsheet.

Also, below, a reminder re the 5th May VE Day celebrations to be held on the Crick. VE Day is a great opportunity to remember those who fought and died for our freedom and to celebrate together. A lot of work goes into organising these events, so please support!

This month's glorious cover photograph is of the fully restored Lacey Green Windmill complete with its new sails, thank you to Jonathan Hilder for sharing this with us. We will publish more details about the windmill and the opening hours in the next June Gazette.

As always, my sincere thanks to all of our contributors, without you there is no Gazette. This month I have been

privileged to lay out a special centre spread for Friends of Naphill Common who would welcome new members and helpers. We all love the Common, keeping it as the beautiful space we value takes time and effort, please consider volunteering to help.

Several of our local groups are seeking volunteer helpers, just today I have heard that another local magazine will cease publication as they cannot find a new editor, sometimes it really does become a case that without volunteers we lose a valuable community asset.

I certainly hope that the early April sunshine returns and that we will all enjoy a warm and sunny May! I look forward to receiving all your news and contributions for the June Gazette.

Best wishes

Sonia

Copy date for the JUNE Gazette is 15 May.

Editorial Disclaimer: Although the editor has made every effort to ensure that the information in this magazine was correct at press time, the editor does not assume and hereby disclaims any liability to any party for any loss, damage, or disruption caused by errors or omissions, regardless of the cause. The content of any article is the responsibility of the contributor, if the text is edited/substantially altered, the editor will inform the contributor before publication. Any opinions expressed in articles herein do not express the personal opinion of the editor. Comments or queries on individual articles will be forwarded to the author/contributor to substantiate. The editor retains the right to refuse any contribution. No group or individual can demand that their contribution will be published or dictate how or where their contribution is placed or displayed. The editor will close comments on any subject if this is agreed by the Gazette committee member.



Notice

Unfortunately Hilda Stearn, the Hughenden Street Association secretary, has become seriously ill in France so communication with her has ceased. She holds the e-mail addresses of all the recipients of the weekly HSA Newsletter which are now unavailable to us. Accordingly, if you wish to continue to receive the newsletter, or wish to start receiving it, please send your e-mail address to me, Stan Jones, at stan.jonestheelectric@btinternet.com. This information will only be used to send you the HSA Newsletter.

Stan Jones

Social Events

For details of the Naphill & Walter's Ash Ward regular *Lunch Club lunches*, held at the Spindle & Thread in High Wycombe and the *Games Afternoons*, held at Bon Ami, please contact Susan Bickerstaffe, our local rep, on 07880 519323

VE Day 80yrs Celebrations on The Crick 5th May 12 -4pm

Paint our villages Red, White, and Blue. Let's step back in time and celebrate together.

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The event will be on the Crick or in the Village Hall.
(Weather Dependant)

Classics on the Crick -Sunday 8th June

The summer is fast approaching and it will soon be 8th June. That means Classics on the Crick will take place once again on the Village Hall field.

Entries have been coming in from across the region and we will have our usual fantastic display of 400-500 classic cars and bikes. The collection will feature everything from the diminutive Austin 7 to the latest super cars from Lamborghini and Ferrari.

Car entries close on Friday 29th of May or sooner if we reach maximum capacity. So if you intend to join in, don't delay! Enter now at www.classicsonthecrick.co.uk.

A tasty selection of catering outlets are booked and as usual the Village Hall will be running a bar stocked with excellent Rebellion beers, cider, wines and soft drinks. In addition we shall have a number of retail stalls selling all sorts of interesting items.

There will be live music throughout the day. This year we will be hosting a relatively new local band called Camino. With both female and male vocalists, they are promising to entertain with classic rock, motown soul and disco - something for everybody!

The show will be open to the public from 10am and will finish at around 4 pm.

Tickets will be available on the day, priced at £8 per adult, £4 per child, with a family ticket priced at £20. Tickets are available in advance via our website with a small discount. Head to www.classicsonthecrick.co.uk.

All profits from the show go straight to the Thames Valley Air Ambulance. It costs £3,950 to send a helicopter on each mission. The Air Ambulance are an independent charity and receive no regular government or NHS funding, relying solely on donations. Join us on the 8th of June to help keep the helicopter flying and saving lives,

The Classics on the Crick Team



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Chairman's Report

This month's committee meeting of the village hall was held on 7th. April. It was a short meeting as we had the AGM immediately after at 8.00pm. The routine items were discussed along with this year's events. The VE day celebration, 5th May, is being organised by Claire and Moira and they are hoping for good weather! The next event is Classics on the Crick 8th June, and the village hall run the bar for this event. The following weekend is Napfest, starting with an outdoor cinema on Friday 13th June. The fete will be held on Saturday afternoon, followed by an evening of live music. Sunday brings the football presentation event. The fireworks will be on 8th November and finally the Christmas Fayre on 30th November.

The AGM of the Village Hall was held at 8.00pm that evening with just one member of the public present. Here follows my speech for the AGM:

"This year 2024 has been quite a good year for the village hall. There have not been any real problems to speak of and the committee was able to commit to spending funds to update the playground and decorate the hall. The playground was the largest cost this year as the slide and the swings needed replacing and the fence around the playground was also renewed. This cost £25000, but we did apply for and receive a grant of £5160.00 towards this from Hughenden Parish Council. The work was done by a local company, Simpatico services and they have done a good job. There is still some more work to do in this area to keep it in a good condition.

The main hall, the kitchen and the entrance hall have been redecorated and are in good order throughout and a new buffer/polisher was purchased as the previous one, after more than 20 years' service stopped working. The committee looks at all of the hall and playing fields and continues to maintain the hall to a good order and keep the playing fields maintained. The cost of grass and hedge cutting leaves little change from £5000. There are still many improvements that will be done, including the pathway going to the men's club, the kissing gate on the main road, the fence in front of the Christmas tree and the hedge opposite the Wheel that refuses to grow.

The use of the hall went down slightly as we lost the ballet dancing classes but these slots were taken up

by other hirers that seem to be mainly keep fit in one form or other, so year on year we seem to have the hall used slightly more than last year.

The fundraising efforts continued this year with the fireworks and the Christmas Fayre but the Fete was not held. The sums raised were just over £30000.00 and I congratulate all of the committees that organised these events and also the volunteers that all helped. Without the fundraising events the village hall would struggle to survive. With regards to this year, the Fete/ Napfest is being planned for the 13/14/15 of June with a new committee running the event.

There have been a few problems this year that have arisen due to social media comments about the RAF that made the village hall's relationship with the RAF in danger of collapse. As the village hall chairman I apologise for the distress that was caused to the officers of the RAF by these comments. I have made it clear to the committee that these social media posts can cause issues that are amplified and exaggerated to such an extent that the posts are not only untrue but can cause untold damage to any relationships with our partners and supporters.

This year has seen Dennis and June Lynch leave the committee and move to the Chalfonts and I thank them for their help on the committee. We appear to have a smaller committee at the moment but we still need a secretary and someone to make sure that the hall is in good order. If you are interested in volunteering to help please get in touch with me via the website.

And lastly I would like to thank all of the committee members for their help and support in running the village hall, we have a great amenity for the village and your help keeps it going."

The village hall committee still has a vacancy for a secretary. Surely somebody in the village could spare a couple of hours a month to help run the hall. Please contact me via the village hall website for more details. chairman@naphillvillagehall.org.uk

Clive Lawrence.

Village Hall Chairman

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It's been a busy period recently with key developments in Westminster and Mid Buckinghamshire.

A highlight was joining Kemi Badenoch to launch the national local election campaign in Buckinghamshire.

I have continued standing up for local farmers against Labour's proposed Family Farm Tax, supporting the latest rally in London to defend British agriculture and food security.

On housing, I've raised concerns about new EPC regulations. While energy efficiency is important, the rules must be fair and not place extra financial pressure on landlords or tenants during the cost of living crisis.

I am also backing the Save the Local Pub campaign. Pubs are vital parts of our communities, and we need policies to help them survive rising costs.

I also met with the Rail Minister to discuss HS2, East West Rail and Chiltern Railways, and will keep pushing for action on local issues including mitigation.

Thank you to everyone who came to my recent surgery in the Claydons. Future dates are on my website. As always, if you have any concerns or ideas, please do get in touch: greg.smith.mp@parliament.uk.

Greg Smith



Hughenden Parish Council Chairman's Report

<https://www.hughenden-pc.gov.uk>

After struggling for three years, the Parish Council is finally at its budgeted, permanent headcount of 2.8 Full-Time Equivalents. We now have Kate Rogers, as Chief Officer (incorporating the role of Clerk), Marilyn as part-time Burials and Allotments Officer, Reginia as part-time Administrative Assistant, together with Jason, the Deputy Clerk and Services Manager. We hope that over the next few years they will become a stable and well-functioning Parish Council team.

We have completed the tendering for Open Spaces maintenance, that also covers allotments, the Garden of Rest, roadside hedge trimming and verge cutting (largely 30mph stretches) which is devolved to the Parish Council by Bucks Council. The outcome has not yet been publicly announced, but it was a competitive process, with eight companies bidding, and we were able to select bids that were significantly below the figure budgeted.

The Annual Parish Meeting will be held on Tuesday May 6th at 7.30pm at Great Kingshill Village Hall. The focus this year is on road safety. Cllr Steve Broadbent will give an overview of Bucks Council's perspectives, priorities and initiatives. An HPC Councillor will cover current traffic issues, namely speeding, traffic volumes, parking and congestion around the Parish, potential solutions and next steps.

In the last week we caught 31 speeders in the parish, 202 in the month and 1780 in the year.

Stan Jones

Chairman Hughden Parish Council




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The Wheel News

We cannot believe the weather we have had during March and the start of April, it has certainly brought you all out and into our garden to enjoy the sunshine. It's great to see everyone smiling, chatting and in general looking so much happier within themselves - here's to the sun!

We have had a difficult time at the pub with a few of our customers and friends passing away. Sadly Chefkins (Tony Salmon) died after a long battle with cancer, he worked with us for 12 years, and we definitely had some fun!

As always May can be a fun month with two Bank Holidays for you all to enjoy, let's hope the weather is like what we've just had. Please remember on Monday 5th May we will be opening at 3pm as we are helping to run the VE Day event on the Crick at the village hall.

June is looking to be a busy month,

- Classics on The Crick Sun 8th June – booking advised
- NapFest - Fri 13th featuring a cinema on the Crick, and Sat 14th June with various stalls and live music
- Father's Day - 15th June – booking advised

***Just a quick note regarding the NapFest dates, we will be CLOSED to the public from 6pm on Friday 13th June due to a private function.**

RonFest 30th August

Make sure you've got this one in the diary as it's our annual event celebrating the life of Ron Williams (it's a good excuse for a drink).

Our charity this year is Dementia UK as we feel it affects so many people in our area. Dementia UK is a charity that focuses on dementia nursing and support for those suffering from all forms of the disease, including Alzheimer's.

As always, we will have a large selection of real ales and ciders, with live music and the security of a marquee if the sun doesn't shine.

Thank you to all who support us and all our other village shops, cafes, pub and so much more. Please do support your local small businesses in these difficult times, every little helps!

Claire, Mark and the Team



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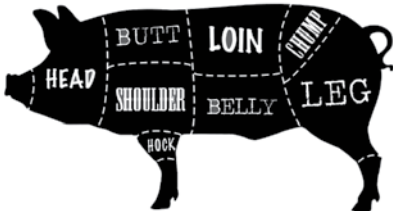
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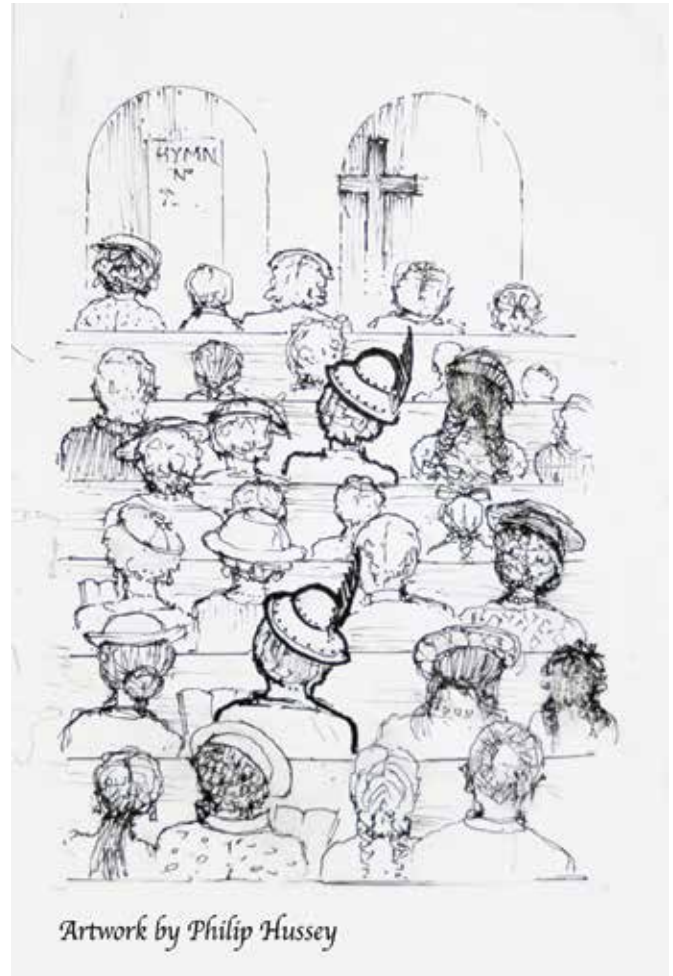
Local Tales. Gran's Hat

It is amazing to me the types and number of occupations that Naphill residents had in the past when the population was far fewer. The community was, of course, very isolated until the 1930's and in an isolated community I suspect that the number of jobs available was determined by the number of things that need doing for it to survive. When communication is improved as it has been since the second world war, residents can use buses or their own transport, their telephone and now the internet to work miles from the village. So that now, for many, the reason to live in the village is just historical or personal and not for a job of work. This has lessened the need to belong to a particular community.

When these hills first became occupied and a straggling village in medieval times, the occupants needed each other to survive – for the community to survive. This interdependence continues in some respect, even today with shops etc, but was very evident within the accounts of some recalling the nineteen twenties and thirties. My father, recounting his early days, described some of the characters who made up village life and the sort of work they did. Then the village had three public houses. The publicans all had other occupations. The one at the Black Lion was a butcher, at the Wheel the landlord had a workshop where he and others made tennis racquets to be sold in Lilywhites in London, the publican at the Oak (then in Oak Row) carried goods about the village on a donkey. Men could turn their hands to various jobs: plough, cut hair or thatch a roof, grow vegetables or mend shoes and so on. We even had our own undertaker – all necessary for an isolated community to survive. For few in the village was it a prosperous living and all were vulnerable to crop failures, to mass epidemics, exceptional weather and the whim of landowners, etc.

Women had to multi-task. Besides keeping a home and rearing children, they might care for the sick and elderly, take in washing, fetch water, pick and preserve fruit, do cleaning for others and tending animals, helping with the harvest and if housebound, earning pence making lace or beading – (elaborate patterns of small beads and sequins to be stitched onto dresses). Some also practised straw plaiting for hat making, outsourced from the industry in Luton and so on. At their end, for men and women, incapacity or old age could mean the Workhouse.

My grandmother, who largely taught herself to read and write, acted as the local midwife in the village and was highly regarded. She was widowed with a young



Artwork by Philip Hussey

family in 1917. Like most villagers she attended one of the chapels in the village. My father recorded that on one occasion she wore a new hat to a service, only to find that a woman in the congregation was wearing an identical one. My grandmother never wore the hat again. The other woman was a 'stone picker' – a woman who made a living collecting stones from farmer's fields – a very lowly occupation

Women from earliest times seem to have an inferior status to men and been paid less, if at all. They had to find a husband or one of the few livings that single women could choose: perhaps in the church, nursing or housekeeping. Most might agree that it is a lot better now but still with a way to go. Inequality amongst the young may be reversing in some areas.

Even now, it is a contentious subject but for the sake of agreement, I am reminded of the adage that: 'men should make all the important decisions in life and women the less important ones, but women should decide which decisions are important and which are less important.'

Philip Hussey.



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Our April meeting was Easter Bingo with Easter eggs for prizes. It was embraced with enthusiasm by 28 members. Jo Keatch, our new chairman, was a very able caller and a machine choosing random numbers, aided the speed with which the games progressed. We all enjoyed the opportunity to sit and chat and with the possibility of winning an Easter egg making sure it was a thoroughly enjoyable afternoon.

The hall was very quiet when the participants were concentrating but there were lots of giggles at times, a bit like noisy children actually. This all added to the festive atmosphere. There were 6 tables of 4 to 6 with lots of smiles and much chatting in between 'lines'. A fun afternoon!

One of our members is collecting pencils and crayons, rulers, etc. for a school in the Philippines which is run by a charity. Anyone with school equipment to spare was asked to bring these items to meetings from May until November so children with very little can be helped to learn.

The next Neighbours meeting will be on Monday 12th May at 2pm, our speaker will be Keith Murasand his subject will be "The KGB",

Peggy Ewart 565969.



Life in Naphill and Walter's Ash with young kids

Babes in the Wood

When I'm talking to friends and family about the benefits of where I live, one of the first things I mention is Naphill Common and the adjoining woods. On a personal note, I had long had the idea that I should love to live somewhere where I could go for a walk from my front door. We are lucky enough to have that in spades of course, in multiple directions, but the great thing about the common is the fact I can take my two under-fives, be there in a few minutes, and enjoy a very short circuit, or a longer one if they are feeling energetic.

Once we've made it across the allotments we look out for wildlife (real and mythical, you'd be surprised by how many times the four year old has spotted a gruffalo), hide behind

trees, collect an obscene number of sticks, and perch on logs to consume our provisions. We have had more than one mud related catastrophe and more recently, a stinging nettle disaster. Indeed, a walk is not without risk of considerable peril, but with gruffaloes lurking among the trees, it all just becomes part of the adventure.

With the warmer months bringing new beauty and life to Naphill Common, I hope to be able to inspire an appreciation for nature in my kids as they grow. And also just keep them entertained for an hour or two...

Harriet Clark

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Gordon the Birdman - Red Kites

Red kites were once abundant across the UK but were persecuted almost to extinction, so much so that by the 1950s only eight pairs and three solo males remained in central Wales. In the mid 1990s breeding birds from Europe were released locally from which an abundant population has been established. Overall, this reintroduction programme has been deemed a success with further introductions in northern England and Scotland.

Today, Red Kites are a common sight in the skies over the Chilterns and Oxfordshire. It is thought that the initial establishment of these populations was facilitated by the provision of extra food by local residents in their gardens. However, as the number of Red Kites continues to increase, supplementary feeding can quickly become counter-productive and we risk turning this conservation success into a nuisance species. Human – wildlife conflicts arise when humans and wildlife live in close proximity to one another and when interactions between them

are perceived to have negative consequences. Such conflicts can be difficult to resolve and usually it is the wildlife that comes off second best.

Over recent years, isolated incidences between humans and Red Kites have increased in the Chilterns leading to local mitigation measures. Reports include food being taken from barbecues, sandwiches from picnics and pet rabbits disappearing. These incidents usually occur during the breeding season when adult birds are looking for extra food as Red Kite populations continue to grow and spread into new areas like East Anglia and the Midlands. A plan is needed to mitigate and ideally avoid a wider human – wildlife conflict that could undermine this conservation success story.

Gordon.



The RSPB also advise that we should not feed the kites!

Naphill & Walter's Ash Residents' Association

Judging for the Bucks Best Kept Village competition, for which we are entered, takes place in June and early July. Judges base their decision on the overall appearance of the villages as well as specific landmarks such as the war memorial. Please help by ensuring your patch is not letting the side down. We have done well in past years.

The recent operation of the Speed Watch camera revealed only three vehicles exceeding the limit but, perhaps surprisingly, more than 300 vehicles passed the device in one direction in the space of an hour and a half. That seems a lot for our rural location.

We shall be participating in Napfest on 14th June with a stand and a competition. We responded to a recent request for policing priorities from Thames Valley police by highlighting problems of speeding and scams, notably on landlines.

Our AGM is being held in the village hall on 9th June and all residents are welcome. We still have vacancies on the committee with an especial need for a webmaster.

Best wishes,
David Frost
Vi ce Chairman





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RAF High Wycombe



Unassuming Sergeant receives his BEM



In the magnificent surroundings Of Penn House, Amersham, home of The Earl Howe GBE, our very own Sergeant Ivory was invested with the British Empire Medal (BEM). The ceremony was presided over by the current HM Lord-Lieutenant of Buckinghamshire, Countess Howe, assisted by HM Vice Lord-Lieutenant Sir Francis Hapgood.

In front of invited guests, the unassuming Sergeant Ivory stood to hear his full citation read out before receiving his medal for over thirty years' service as Honorary Treasurer to the local branch of the Soldiers', Sailors' and Airmen's Families Association (SSAFA) military charity.

Also in attendance were Squadron Leader Gilmore as well as the RAF High Wycombe Station Commander, Wing Commander Dennis.

Sergeant Ivory commented, "It was awe inspiring. Just to hear the other citations as well was very humbling. The best part of the day was sharing it with my wife, Tracy. It was nice for her to get some recognition. Although my role with SSAFA is voluntary she has had to make allowances whilst I worked during many a weekend on Treasurer business."

Laurence Parker



Well done,
Sergeant Ivory.
A richly deserved honour.



Wycombe Photographic Society

Summer is here, the sun is out, the weather is dry, time to start taking great Summer photographs.

Wycombe Photographic Society meets in the large hall at Hughenden Valley Village Hall, on the first four Wednesdays each month at 8pm. We have a wide programme of events, Guest speakers and lots more

7th May	Master Photographers
14th May	Talk
21st May	Themed Assignment – Shop Fronts
28th May	Presentation of projects part1
4th June	Presentation of projects part2
11th June	AGM and Social

Break for Summer. Back September.

To see everything that is happening at Wycombe Photographic Society please visit our website at: -

www.wycombephotographicsociety.org.uk

Peter Davis

Membership Secretary

Wycombe Photographic Society



Photograph courtesy Peter Davis

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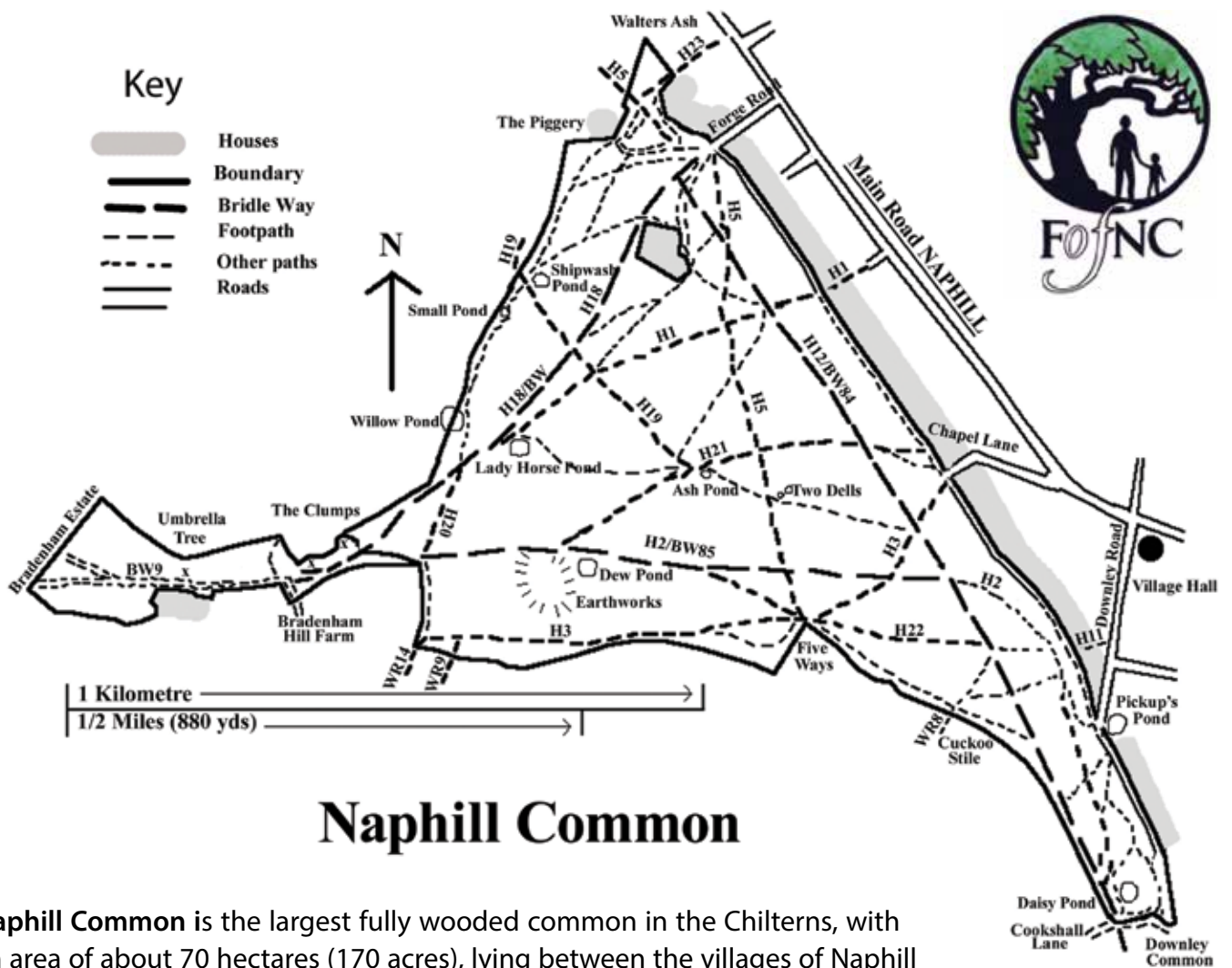
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Friends of Naphill Common

naphillcommon.org.uk





Naphill Common

Naphill Common is the largest fully wooded common in the Chilterns, with an area of about 70 hectares (170 acres), lying between the villages of Naphill and Bradenham. Most of the Common belongs to the West Wycombe Estate, but a small portion is owned by the National Trust's Bradenham Estate. It contains many rare species and is a Site of Special Scientific Interest, as well as being part of the Chilterns Special Area of Conservation, and National Landscape (as Areas of Outstanding Natural Beauty are now called).

Up to a century ago, it was grazed and so was open heathland containing a number of veteran trees, but today it is heavily wooded, mostly with self-seeded beech. These trees have grown too dense, so the Estate has a rolling plan to reduce their number to the recommended (by the Forestry Commission) 100 broadleaf trees per hectare. The Common was formerly described as a "juniper forest", but today only four specimens survive, so we've taken cuttings and have planted nine saplings, eight of which are thriving.





Nature

The Common has six 'dew ponds', natural depressions that fill with rainwater, which they retain, being lined with the clay that forms the upper few metres of the soil. Such ponds naturally dry out during the summer (some completely) and refill during the winter and the flora and fauna that inhabit them have adapted to this changing environment. The water is very pure and is a habitat for many species, including the Great Crested Newt.

The Common is home to over 80 species of birds, over 120 species of insects, over 200 species of plants and 400 species of fungi (all enumerated on our website), several of them locally and even nationally, rare.

Archaeology

The Common has a bank and ditch feature forming a D-shaped enclosure, typical of a 2,000-year-old Romano-British Farmstead, which would have contained a wooden roundhouse. There is a dew pond nearby, which would have been a useful water source.

At the 'bottom' (Bradenham end) of the Common are the mysterious 'Clumps' a series of ring-shaped banks on which were planted specimen trees, most not found elsewhere on the Common. It seems most likely that these were Victorian decorative features, added to enhance the grounds of Bradenham Manor.

Of more recent origin are the tank tracks, traces of which are still visible along the Common edge. During WW2 the former Broom & Wade factory in the centre of High Wycombe manufactured Churchill tanks which were (off) road tested on the Common.





The Friends of Naphill Common was set up in 2008, with aims:

- To conserve and enhance the natural, historic and cultural heritage of the Common.
- To promote the understanding and enjoyment of the Common.
- To encourage community involvement in caring for and use of the Common.

We are the largest subscription organisation in Naphill, with nearly 100 members paying our £10 pa subscription (a real bargain). Our regular activities include two guided walks each month and two working parties each week, which keep footpaths open and maintain the ponds (during winter, once the amphibians have left) which would otherwise fill up and gradually vanish. There are also annual events such as bat walks, fungus walks, 'minibeast safaris' (for children of all ages) and history walks, all of which are free and open to all.



We would encourage you to come along and give some of our activities a try – full details along with (much) more information can be found on our web site: naphillcommon.org.uk

Chris Miller
Chairman – Friends of Naphill Common



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Naphill & Walter's Ash Brownies

At the end of the Spring term, we were so proud to present three of our Naphill and Walters Ash Brownies with their Brownie Gold Awards. (Photos above, left to right: *Beatrice Blackmore, Lola Hall, Grace Burton*)

These amazing girls are the first Brownies in the district to gain this award. It takes three years of participating fully in everything we do at Brownies, as well as giving time at home to complete interest badges. The final task has been to organise and run some activities for the other Brownies. They should be really proud of themselves.

May I say a belated thank you to all who were involved with our March Jumble Sale. An astonishing £1272 was raised for the Brownies, both by sales on the day and by a couple of lovely helpers who spotted some collectibles, and kindly sold them for us. We have now asked the Brownies to think about how to make best use of the money – new equipment, or perhaps an outing.

Recent weeks have also seen the girls learning about different ways of communicating – including semaphore, coding and AI cyber-safety, and a whole evening of Easter madness – egg hunts, crafts, seed planting, all sorts. Great fun!

And now we are looking forward to getting outside for the summer term, starting off with the County competition hike at the beginning of May.

If you think your daughter may be interested in brownies, please visit: <https://www.girlguiding.org.uk/information-for-parents/register-a-child/> to register your interest.

There is no fee to register and no obligation to join when a place becomes available.

Ruth Daly



SHH Speen Helping Hospice

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Supporting Helen & Douglas House for Children - South Bucks Hospice - Florence Nightingale Hospice Charity - Rennie Grove and Peace Hospice Care

SHH held a series of very successful fundraising events in 2024 for the four hospices the group supports.

As we move into 2025 we are once again organising a series of events and wherever possible these are held in different local Chiltern villages. Although the group was established back in 2001 in Speen, we are looking for a lot more input from the local villages like Naphill, Walter's Ash, Hughenden, Lacey Green, Prestwood and surrounding areas.

We would welcome interest from ladies from these areas who might want to get involved and help us to promote events in your locality.

We are also looking for individuals to help with the fundraising. We were most fortunate having the support of a member of High Wycombe Rotary Club who raised £1,500 in the autumn by a charity abseil down a tower in Portsmouth. You too, might be thinking of taking part in a marathon, half marathon or fun run this year and running on behalf of SHH.

If you would be interested in raising money by taking part in an event or finding out more about becoming part of our fundraising group at SHH, please contact me grainnesuter@googlemail.com or 07778803260.

For further information about all our events check out our website www.shh-shop.org

Gráinne Suter, Chair SHH



Naphill & Walter's Ash School

Keeping Safe!



Years 2, 5 and 6 had a special workshop from the NSPCC in their classrooms. They discovered how Childline has helped many children to speak about their worries and concerns. Childline is free and open any time of the day or night, and you can contact them on email, on their website, on a landline or on a phone. Remember if you have an issue, then don't be afraid to talk to Childline.

Year 5 recently took part in a first aid training course in which they learnt very important skills. If for example,

someone falls, they were shown how to put a person in the recovery position. They also were shown how to bandage a wound and help a person when they're in shock. One of the other important things they were taught is 'DRS ABC' which stands for: Danger, Response, Shout, Airway, Breathe and Cuts.

Just before Easter, some children had the opportunity to take part in 'Bikeability'. When Year 5 had their first aid training course they learnt the first aid ABC, but the Bikeability instructors taught them the bike ABC, which is Air pressure in tyres, Brakes front and back and Chain. It is very crucial that you check your ABC before travelling on your bike! The children started on the school playground and then once they had their confidence, they biked on Main Road. They also practised using the correct hand signals. Now, because of all their training, they are much safer on their bikes!

Olivia, Olivia, Tristan and Magnus

The School Media Team



We are fundraising to replace our obsolete School Computers

Please Help Us Reach our Target!

<https://www.gofundme.com/f/naphill-and-walters-ash-school-need-30-new-computers>



You may be aware that support for Windows 10 PCs is coming to an end in October, and the 10+ year old computers in the IT Suite at Naphill and Walters Ash School must be decommissioned as they are not new enough to run Windows 11. If we are not able to replace the remaining computers, this will mean the primary school students will have reduced access to a valuable and important resource that supports them with STEM skills and experience, critical for their education.

Working with parents and local businesses, we have raised enough to purchase four computers out of the 30 which need to be replaced. A big thank you to Quackers after School Club who have also donated a computer to the School!

We still have 26 computers left to replace before the end of this school year, so we are asking the residents of Naphill and Walters Ash, if you are able, to make a donation towards the remaining £13k that is needed.

If you are a business or have an employer that is able to donate the value of a computer or two, or any amount, it would be a huge help. Any company that donates a PC will benefit from their logo on a banner at the school gate and a special post in the Naphill and Walters Ash Gazette. We will also put your logo on the PC in the IT suite.

We will continue holding our usual fundraising events at the school and hope that our Summer Fete and Spring Disco will go a way towards making our total.

Many thanks for your support, we will update you next month with our fundraising progress.

<https://www.gofundme.com/f/naphill-and-walters-ash-school-need-30-new-computers>





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There is an important change of Monthly Meeting topic and speaker

The talk scheduled by the Royal Navy for Wednesday May 28th has been postponed. This is being replaced by "The Saxophone: My Life as an Army Musician", with Jon Woodhouse as the speaker. The talk is being held from 2pm in Lacey Green and Loosley Row Village Hall (300 Bus stops outside).

On March 31st we held a highly successful New Members Day with over 20 new members and our convenors introducing their groups. The theme was centred on 'I wish I had known about this local u3a before'. Groups such as Local History, Geology, Quiz, Discovering Science, Discovering Art, and Computer fought with Rummikub for the top spot! Although we have over 30 groups there was no shortage of ideas for new ones. Add your ideas if there is a group you would like us to consider starting. Email: gilliamph@aol.com

The favourable weather in late March and early April enabled our Croquet Group to commence their summer season early. But hurry if you want to join us. If you prefer taking your exercise inside, the 10 Pin Bowling might be a

solution. Details on the Groups page, URL below.

In addition to the many VE celebrations taking place on May 8th, one of our members will start our programme by looking back at the life of her father. It is a fascinating story and follows on from many personal stories told at recent meetings of life in and around our area. We will also hear how High Wycombe, and the surrounding villages celebrated VE day. Our speaker has scoured local papers and the internet in compiling an illustrated presentation which is sure to bring back many memories of family and places. Do come along, the meeting is free if this would be your first visit to the High Wycombe and District u3a.

This meeting is being held from 10am on Tuesday 8th April at Hazlemere Memorial Hall, The Recreation Ground, Amersham Road, High Wycombe, HP15 7QW. We serve refreshments.

Find all our groups at: <https://highwycombe.u3asite.uk/groups/>

Please contact gilliamph@aol.com for further details of all our activities.

Paul Gilliam



The Rotary Club of Princes Risborough



Readers of previous articles will recall that our Club comprises a group of lively, fun-loving men and women focussed on giving back to the community whilst having a good time. We have also emphasised our commitment to making a positive impact in the local community through a variety of projects supporting individuals and organizations both locally and further afield. To do so we organize a range of fundraising activities which, over the past 10 years, have raised over £300,000.

Our members are also actively involved in supporting a number of local facilities including schools, providing libraries, outside classrooms, sensory gardens, play areas, annual art and chess competitions and school interact clubs. Many of us play leading roles in local institutions, including the award-winning day-care centre in Princes Risborough (PR) (princescentre.org.uk). We played a major role in the day centre's establishment, and a second one in Bourne End, as well as the PR Youth Club, the Saunderton Lodge Refuge Hostel, the Bucks Young Carers, Blood Bikes, OneCan Trust and a number of others. We also enjoy a close relationship with the PR Town Council (PRTC), three of whose councillors are

also Club members. We support the council by helping to close roads for the Town's Remembrance Day, the Town Festival events and for the Christmas lights switch-on. As part of this year's Town Festival (6th-12th July) we're holding the "Rotary Ramble" in Wades Park on 6th July. This will be a family event, including a number of walks in the countryside around the Town (beginning/ending in Wades Park), a barbecue, a children's chocolate hunt and "Tea in The Tent" in aid of the charity Shelterbox (shelterbox.org). We also support the PRTC's Farmers' Markets, the 2nd this year being on the 21st of June in the King George V field.

If you want to be part this, and are considering joining us, visit our website and come to one of our Monday evening meetings at the Whiteleaf Golf Club to see if it might interest you. Also, if you know of causes that would benefit from our support, or you would like to donate to our charity, please use the contact details below.

You can contact us at: rcpr.org.uk or call David White on 07787 750889, or email: david@dhwhite.plus.com

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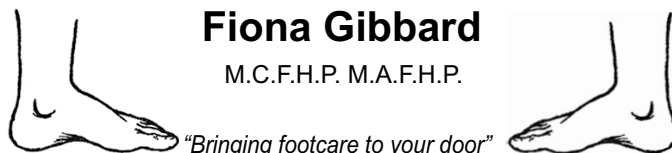
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Alison Scott



About me: I have a Diploma and Master Practitioner qualification in QCH Therapy combining CBT, Gestalt Therapy, Positive Psychology, Evolutionary Psychology, Parts Therapy, NLP and EFT. I gained my Master Reiki qualification Second Degree in 2018.

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World Laughter Day - 4th May – Celebrating the benefits of a good laugh.

Alison Scott

Sunday 4th May is World Laughter Day. We all know it's good for us to laugh, but do we know why?

Laughter as 'best medicine'

Charlie Chaplin was spot on when he said, 'A day without laughter is a day wasted'. Laughter is powerful medicine. It decreases stress as the brain releases endorphins or 'happy hormones' which flood our bodies. This strengthens our immune system, diminishing pain, and protecting us from the damaging effects of stress.

Laughter even protects the heart as it improves the function of blood vessels and increases blood flow, which can help protect us against cardiovascular problems. A good belly laugh will leave your muscles relaxed for up to 45 minutes afterwards. It also burns calories. Laughing for 10 minutes a day can burn approximately 40 calories alone — which could be enough to lose 3-4 pounds a year.

Almost nothing works faster to bring your mind and body back into balance than a good laugh. With so much power to heal, the ability to laugh easily and frequently is a wonderful resource for dealing with problems, enhancing your relationships, and supporting your physical and emotional health.

GSOH?

It's not surprising that one of the most desirable traits in a partner is a 'good sense of humour'. If someone can make us laugh, they make us happy. They are usually the same people who don't take themselves too seriously and laugh at themselves too. Someone who laughs easily will usually find themselves very popular.

Laughter and the world laughs with you.

Laughter is contagious. Hearing someone else laughing primes the premotor cortical region of the brain and makes us laugh too. Hence the reason TV sitcoms use laughter tracks.

Don't know whether to laugh or cry?

Have you wondered how it's possible to laugh and cry at the same time? By crying, the body attempts to return to a regular level of functioning. There is evidence to suggest the same part of the brain controls both crying and laughing. During laughter, muscles in the diaphragm, abdomen and face are expanding and

contracting. This is why your face aches and belly hurts after a good 'belly' laugh.

Seeing the funny side

Shared laughter is one of the most effective tools for keeping relationships fresh and exciting. Laughter injects joy and companionship so brilliantly connects us to other people, making us feel good about ourselves and less alone. It is usually a shared sense of humour that helps us make friends in the first place.

Laughter helps us to open up, creating opportunities for us to share our feelings and laugh in the face of difficulty. If you bring humour into your thoughts, it helps to override the inner critic which many people suffer from. If we can remain playful, we find ourselves much more able to cope.

As children we laugh hundreds of times a day. Babies begin smiling during the first weeks of life and laugh out loud within months of being born.

5 ways to see the funny side of life

1. Spend time with playful people. They're the ones who easily find the humour and absurdity in everyday events.
2. Watch a funny movie or listen to a fun podcast instead of the News.
3. Don't take yourself too seriously and laugh at your mistakes. Instead of feeling embarrassed or defensive, embrace your imperfections.
4. Find your inner child. Hang out with children - they are experts on playing, taking life lightly and laughing at ordinary things.
5. Smile. Smiling is also contagious. Smile at people in the street, the person serving you a coffee, whoever. Notice the positive effect on them and you.

No Laughing Matter?

If you are a long way from laughing or feel that life is not as joyful as it could be, hypnotherapy can help you find some fresh perspectives and re-ignite your sense of humour and sense of self at the same time.



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Church News

As I write, we are still in Lent, with the Church empty of flowers, whilst outside nature is ablaze with colour after the week of glorious weather. On Easter Day, we will celebrate with the Church similarly ablaze. But, by the time you read this, Easter will have been and gone for the year and the children will be back at school, and many will be preparing for public examinations.

Trying to think ahead reminds me of a 'note for diaries' for August Bank Holiday weekend, when we will again be holding a Flower Festival over the weekend.

This year's will be on the theme of Holidays, and displays are welcome from all (whether regular church attender or not). Everyone will be welcome to view the exhibits, and the usual amazing selection of refreshments will be available.

Before then of course the full range of church activities are in full swing.

Tiny Tots all received a knitted duckling containing a chocolate Easter Egg (courtesy of our talented and very active Mothers' Union) at the last meeting before the Easter Holiday, and heard the sad/surprising/happy story of the first Easter.

The all-age service, which takes place on the first Sunday of the month, is regularly taken by Chris Coyston, and this month he astounded the congregation by changing a black liquid into a clear one to illustrate how Jesus came to remove sin. Youth group now meets regularly at Church and 'off-site', and of course before you read this our Easter Eggventure will have taken place.

Friendship group continues and members will probably be able to sit out in the garden at their next meeting, if this weather continues.

Men's Breakfast meets on 3rd May with a speaker from ShelterBox -an emergency disaster relief charity set up in 2000 from an idea from the Rotary Club of Helston in Cornwall.

On the 5th of July a group is attending a Retreat Day for men and women at St Katherine's retreat house and grounds in Parmoor near Frieth.

If you would like further details of any of the Church's activities, consult the website: www.hughendenparishchurch.org.uk

Jane Tyrer

From the Vicarage

The costs of war are immense, especially to those who pay the ultimate price with the loss of their lives.

2025 marks the 80th anniversary of the end of the Second World War.

Thursday 8 May is Victory in Europe Day (VE Day). This is the day the German forces surrendered to the Allied powers.

Friday 15 August is Victory over Japan Day (VJ Day). This is the day Japan surrendered, in effect bringing World War two to an end.

In King Charles' Easter message, he praised all the humanitarian workers who provide aid during times of war and disasters. In his message on the meaning of Easter, the King spoke of the "paradox of human life" in which the heroism of humanitarian workers is contrasted with terrible scenes of suffering in war.

A new Humanitarian Medal has been launched, honouring those who risk their own lives to help others in emergencies and war zones, and the King hailed their selflessness and compassion.

On 8th May, our bellringers at Hughenden Church will join countless bell towers across the land in ringing their bells for half an hour, by way of celebration, to mark this anniversary.

We cannot fail to be moved when images of war and human suffering appear on our television screens – whether it depicts the war in Ukraine, Gaza, Israel, the West Bank or Lebanon, Sudan, or other lands, near and far.

Peace often comes at a great cost, and we should never take that sacrifice for granted, nor forget it.

Sacrifice is at the heart of the message of the Christian Gospel. Our loving heavenly father, sending his Son to earth, to fulfil the prophecies that promised a messiah, a saviour, who would die on a cross, though without sin, to draw all people to himself.

The hope that is found in putting our trust in Jesus Christ, promises new life, sins forgiven, and an invitation to follow in the footsteps of Jesus. That is the ultimate sacrifice which, as a Christian, I will be forever thankful for.

Rev Keith Johnson

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Naphill Lawn Tennis Club

As we move into warmer months, Naphill Tennis Club is pleased to offer opportunities for members of all ages and abilities to enjoy the game. With junior coaching sessions starting on 25th April and adult group sessions from 28th April, with daytime and evening courses for beginners and improvers, there is something for everyone.

Mel, our club coach, has just set up a Singles Box League which is proving popular. It is open to players of all levels and offers competitive matches against others of similar ability – a great way to gain match experience while engaging with fellow members.

Our Ladies' and Men's teams are now into the summer season but are always pleased to welcome new players.

Our Season Coaching, as below, starts before the May Gazette is published but please contact Mel if you wish to join the coaching after these published start dates.

- Friday 25th April: from 4 pm – Junior Coaching – 10 week course
- Monday 28th April: 9.15-10.15 – Adult Beginners
- Monday 28th April: 10.15-11.15 – Adult Improvers
- Monday 28th April: 6 pm-7 pm – Adult Coaching – 6 week course
- Wednesday 30th April: 7.30-8.30 pm – Adult Coaching (doubles tactics) – 6 week course

For further details on coaching sessions, please contact Mel Burn on 07949 128195.

We are always pleased to welcome new members. Visit our website: www.clubspark.lta.org.uk/NaphillLTC or get in touch with our membership secretary at: naphilltennismembership@gmail.com

Jenny Tench



Our opening hours

Monday - Friday 10am - 4pm
(Kitchen closes 2.30pm)
Saturday 10am - 2pm
(Kitchen closes 1.30pm)

We are closed on Sundays and Bank Holidays

At Bon Ami we are enjoying the beautiful sunshine. At this time of year we very often have more customers outside on our terrace than inside the coffee shop! Our people & canine customers are often evenly matched which is lovely.

If you come inside you will see our new comfortable chairs which have added a great splash of colour.

We had a busy Easter; our customers enjoying simnel cake, chocolate Easter nests & hot cross buns. Children loved decorating fairy cakes as Easter bunnies, reading the Easter books, colouring in lots of pictures and we had a few takers for our Easter themed quizzes.

We look forward to May, such a beautiful month for the garden, and time for our hanging baskets to make our terrace even brighter.

Take care and come and see us soon.

Ruth & Dorothy.





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Well, what surprising weather! At the time of writing in April it is still blue, blue skies every day, all day. If I recall correctly, this unprecedented period started towards the end of February. March 2025 was the sunniest March in England since records began in 1910, with the country experiencing 59% more sunshine than its long-term average. With the east coast having periods of cloud from the North Sea in March, there must have been even much more sunshine in Naphill and Walter's Ash. By the time this edition of the Gazette is published we could be having torrential rain, but we shall look upon the period of continuous sunshine with envy. Why could we not have such weather in summer I hear you cry!

However, the timing of the sunny spell did not bring the garden many benefits, since few of our vegetables, fruit trees and fruit bushes were in leaf to benefit from the sun's rays. My overwintering garlic were well up, onion sets were just up and the poirée (silver chard) were revelling in the warmth, but that was about it. It was far too early for planting out or sowing vegetables which could have been cut down by frost. We can get severe frosts right up until the end of May. I can remember snow in Naphill and Walter's Ash twice on the first of June. Nevertheless, I tried an experiment this year since I am anxious for my first crop of climbing French beans. I sowed some before the end of February in the airing cupboard where they germinated in a week. Then to a sunny windowsill to grow on. I had sown

three seeds to a 3-inch pot, and they nearly all germinated. Near the end of March they went into the greenhouse to acclimatise to colder conditions, then into their final place in the vegetable plot, protected by fleece against frosts, in early April. Fingers crossed!

A year ago farmers could not plant out their potatoes since the soil was just mud. What a contrast this year! 2023 and 2024 were years of what felt like almost continuous light rain and overcast skies. Global warming is making it more and more difficult - we simply do not know what this growing season will bring. I must tell you about my favourite vegetable, poirée, mentioned above. It is my favourite since it gives a good crop in late summer and autumn, followed by a further crop in spring. Winter 2024/2025 was exceptionally mild, the poirée kept growing and I kept cropping. In mid-January the leaves and stems were becoming manky, but by the end of March the new growth appeared and I started cropping again - much earlier than usual. So I was nearly able to take crops all through the winter. I did cover them with fleece during frosty periods, but the effects of the very mild winter climate were amazing. Global warming does have some benefits.

Good gardening,

Mike Mason



Shear Madness

"I've found a frock !" Phew, thank you everyone for your advice and help, also thank you to the Naphill lady who contacted me offering me the dress she wore to her son's wedding. You are all very sweet.

Apart from the wedding at the end of the month, it's business as usual. Everyone seems to be gearing up for all the summer events and it's all starting with the VE Day celebrations at the Crick on the 5th May so fingers crossed for good weather for all of them.

So the next time I need to do this I hopefully will be sitting on a hot beach in Crete recovering from it all with copious cocktails.

It's a short and sweet one this month as I'm late getting this to our lovely Sonia so I'll be in trouble

Stay safe love as always

Mandy x



Naphill Fete

14 June

Book Stall



This year's fete will once again feature a second-hand book stall.

We rely on donations from around the village to offer a fabulous selection of books for all tastes.

We are asking you to gather up any books you have finished reading, or that have been unread on your shelf for a while, and pass them along for others to enjoy.

Hardback books and reference books do not really sell, so please try to stick to paperback fiction. Children's books are very welcome and always in demand.

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News from our local Scouts, Cubs and Beavers

The scouting groups of Naphill, Hughenden and Walters Ash have had an action packed few months. Each of our groups (Beavers, Cubs and Scouts), have walked the Chiltern Hills, seen the stars and planets and ended with a campfire.

Now that the nights are getting lighter, we are looking forward to spending most of our time around the local area. Either building dens, looking for bugs or practicing our navigation - all interspersed with games of rounders, capture the flag or bulldog.



None of this will be possible without our current leaders and helpers. We now find that we are down to the bare bones as a few key players are moving on. If you are a person who can offer some time to scouting, or a young person wanting some adventure, then please come forward and let's see how we can help each other. I have been a scouting volunteer for over 10 years and have seen hundreds of our local young people grow and develop life and social skills. As an adult volunteer I have found new friends and challenges. This month we say goodbye to Alex Knight who has supported both beavers and cubs for over five years. It is with great sadness that we learnt about the passing of David Lowe. He was our President and supported the group for so many years. He last helped out at our carol service serving refreshments to the families of our young people.

Drop me a line if you can support one of our local sections or fill out our online form if your young person is up for the excitement.

Be Prepared

John Huddleston

Group Lead Volunteer

john.huddleston@naphillscouts.org.uk

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This is not a business, it is just to help elderly or disabled folk keep their garden under control.



ANNOUNCEMENTS

Summer Evening sessions start again on Thursday 3rd April 5.15pm

Currently taking new members for day time sessions:
Mondays 1.30pm
Thursdays 9.15am

Coaching is tailored to the individual and all levels are welcome!

FOR MORE INFORMATION CONTACT
HELEN HINDE ON
helen.hinde27@gmail.com or 07772 150276

The clocks have gone forward, the longer days are becoming warmer (or at least they were when I wrote this) and thoughts are turning towards holidays. Holidays are important for our wellbeing. The root of the word lies in 'holy day' – historically days when people took a break from work to observe religious feasts or go on pilgrimages. At its core, the holiday is a time to refresh and recharge our physical and spiritual batteries.

The holiday industry exists to ensure we have all we need to enjoy this time of refreshment, indeed, some places would not survive economically without income from tourism. Gibraltar obtains 30% of its income from tourism, welcoming a staggering 8 million tourists each year to its 2.6 square miles (I checked several sources as I could not believe these numbers). Of course, they do not all come at once, the vast majority coming just for the day, either as day trippers from Spain or as cruise ship passengers. That's an incredible average of 22,000/day, which seems a lot except that a large cruise ship can have 5,000 passengers and up to 3 cruise ships can call in one day.

It is delightful watching visitors enjoying the culture and sites of Gib. The busy hubbub along Main Street and in Casemates Square gives the town area a wonderful vibrancy. I always try to do my bit to welcome visitors, often stopping by families or groups and offering to take a picture of them all together with someone's phone. I can now confidently give directions to most places if stopped and asked, having even taken to carrying a couple of



freebie tourist maps in my handbag – the reaction I get when I produce one and give it to a disoriented tourist is priceless.

Of course, this all depends on having time to stop and help. I usually ensure I have plenty of time when heading out, but some days, I'm in a rush. It

can then be a bit of a challenge to view our visitors in such a positive light. There's tightly packed groups of people who saunter up Main Street, spread across its entire width, totally unaware that anyone else needs to be travelling in the same direction and ignorant of the fact that service vehicles need to use the street too. A polite 'Excuse me' can sometimes be met with looks of great disdain. Then there's the 'phone zombies' – people so engrossed in their phones that they are oblivious to everything else. They are wearing ear pieces so don't hear the 'Excuse me' – I've actually had to pat someone on the arm to point out that a service vehicle was right behind them (they didn't half jump when they saw the truck!)

Most of the time, it's really great to live in a place that people actually want to visit and have a little part in making them feel welcome. The Bible talks a lot about welcoming strangers, asking us to reflect on occasions when we were strangers ourselves.

Hold that thought when you are out and about this holiday season.

Every blessing,
Jenny Ellis

Valley Players

Will the real Oliver Twist please stand up!

Was there a real Oliver? Yes there might well

have been! There are some scholars who think that the novel may have been inspired by the story of Robert Blincoe. He was born around 1792. By 1796 he was an orphan living in the St Pancras Workhouse. At the age of 6 he was sent to work as a chimney boy but his Master returned him to the workhouse.

Eventually he was apprenticed in a cotton mill in Nottingham, learning how to make hosiery. He lived in a dormitory and was fed on porridge and black bread.

There was a happy ending, as eventually he owned his own cotton business, was married and had three children. He died of bronchitis in 1860. His story was serialised in a newspaper in 1822 and republished in 1830 - Dickens published *Oliver Twist* in 1837.

"Twist", an adaptation of the novel by Geoff Bamber will be performed by Valley Players as a Picnic and Play on 12/13 July 2025. See website for details!

Andrew Pitman (Chairman, Valley Players)

www.valleyplayershughenden.co.uk





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The Misbourne 5k and 10k run Saturday 21st June 2025.

Are you a keen runner? Could you support a race that raises money for a local school?

The race has one of the most picturesque routes in the area, taking runners through woodland and across fields as they make their way around the beautiful Chiltern hills surrounding The Misbourne School in Great Missenden. It is known to be a varied race with a number of hills and different terrain, which makes it a firm favourite with local runners and running clubs.

The proceeds from the race are used to support The Misbourne School which a number of children from Naphill attend.

You can support the race in 3 ways:

1. By entering at www.misbournetrailrun.org.uk (further information on the race is also available)
2. By giving your time to volunteer in roles such as marshalling the run or helping organising on the day
3. If you are a local business / individual the race has many sponsorship opportunities.

If you are interested in volunteering or sponsoring the event please contact Abbegail Sawney on Abbegail.sawney@btinternet.com who would be happy to hear from you.



Naphill & Walter's Ash School

Support Our Year 6 Leavers' Party Your Help Is Needed!

As the school year draws to a close, we are excited to celebrate the achievements of our amazing Year 6 students with a memorable Year 6 Leavers' Party in July! However, we need your support to make this event truly special.

We are reaching out to our wonderful community and local businesses for donations to help fund decorations, entertainment, food and party favours for the children. Every contribution, big or small, will go a long way in ensuring that our students enjoy a fantastic send-off as they prepare for their next chapter.

How You Can Help!

- Donate gifts, decorations or party supplies via our Amazon Wish List
- Contribute financially to help cover costs via our GoFundMe page or BACS transfer

This is a wonderful opportunity to come together as a community and give our Year 6 pupils the farewell they deserve. If you are interested in donating or offering support, please contact us via nwa.year6leavers@outlook.com

Thank you for your generosity and for helping us create lasting memories for our children!

Year 6 Leavers Party Committee



Our new Bowls Club season is underway! Perhaps you would like to give the most sociable sport of Lawn Bowls a try in 2025. We provide all the necessary equipment and a generous five week trial membership offer, including coaching, will be available to all. The basic technique is not complex, the rules are relatively simple and all ages from 10 upwards are welcome. Social membership is also available. Full details can be found on our website: princesrisboroughbowlsclub.co.uk

If you are interested and require more details, please contact me and I will get in touch with you before our green reopens

to have a chat and arrange a taster session. If you are part of an organisation looking for a venue for your meetings, get in touch, we might be able to help. We already welcome the W.I. and the U3a gardening group. If you have a business and would like to join our sponsors and have a permanent presence on our website, then please get in touch: Del Behenna (Recruitment & Sponsorship) on 01844343230

A warm welcome is assured, we would love to hear from you!

Del Behenna



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